



SWISS SOCIAL & SPORTS CLUB
NEWSLETTER



AUTUMN EDITION 2025



NEWSLETTER



Swiss Social
& Sports Club
since 1923



CAPE TOWN

PRESI REPORT

Dear Members, Grüezi,

As in previous year, my president's report in this Newsflash is a copy of the President's report for the AGM 2025:

Last year, I started off with a mention that it feels like we somewhat find our routine within our club again, after the crazy years before with the closure and transfer from Green Point. Jonkershoek has become a steady meeting point for families, younger people and older generations alike and a regular crowd is forming to attend most of our events.

While still not located to everyone's convenience, including my own, our normal events proved to be quite well attended and bigger events drew an even bigger crowd. Our National Day celebrations showed an amazing turnout and thanks to a small window of 12 hours of pristine sunshine from 9am to 9pm, we were blessed with having the event on our first attempt this year.

I remain that for us as the committee and the people who put a lot of sweat, tears and money into the club – the best form of recognition and appreciation we can receive is your visits and participation!

Event wise, we could have not asked for a better turnout most of the time and often enjoyed great moments together.

Once again, we can report a strong financial performance.

Andreas is continuing tirelessly at managing our expenses and chasing income with effective attention to detail.

On several occasions this past year, we again had unscheduled expenses to deal with and a strong financial position with available cash flow was needed to fix broken things immediately, so as not to lose any momentum or missing out on opportunities to host events. Although our insurance was kind, the damages from weather have shown two or three times in recent years, that such touch ups or more heavy repairs could prove extremely pricey. And since we are not (yet) providing more regular gatherings, missing one or two due to Jonkershoek being unavailable or inaccessible, could mean that the community cannot meet for an extended period and we would lose income from events, on top of the additional expenses.

While talking Jonkies and expenses, we have somewhat abandoned the idea of a permanent roof structure due to the very high cost, and a very reasonable price for temporary constructions in comparison, we have gone ahead with a kitchen upgrade, and other upgrades around the chalet and the camping area, like the lapa mentioned earlier.

Fortunately, we were blessed again with some generous sponsors & donors who always happily stretch out when we are in need and we thank them from the bottom of our heart. Same goes for Roger, Patricia and their few helpers who continue tirelessly to sweep, sort, clean and fix whatever requires attention. I am glad that this past year, we were able to 'give back' to some of you a little bit!

Membership remained stable, and while we continue to lose young, single 'paying' members,

it appears we attract more Swiss families again which just as satisfying, even though the income is less because we no longer charge membership fees for children.

Ruth with the support of Tracey, successfully manage the database, the newsflashes and allocate the payments accordingly which requires time and diligence.

While we continue to pick up requests for gatherings in town or Northern Suburbs, finding a venue within a range and size suitable to us and our members is not easy, we are still in discussions with other 'club' friendly venues. This year though, we are trialling something new so keep your eyes glued to the newsflashes as we have some smaller some pop-up gatherings coming which we for now continue to host in Jonkershoek.

Also, the committee has become a more stable and balanced affair, with the core of the members now on duty for several years. This gives stability and we are getting more effective at what we do... mostly at least, and if we are not we can count on our treasurer's tenacious whip, and/or a gentle reminder from our members when we miss out on our tasks. I will mention some more on the committee before we get discharged for re-election.

As a final note, I would like to remind everyone that the "Jonkershoek-team" can always use more hands on any weekends or also during our events. Please ask Tracey and Patricia for whatsapp group details to stay in touch. As it stands, the work still always falls on the same people and that is not sustainable long-term. We are a community and much like attending any event, and even the

FORTHCOMING EVENTS 2025

Sunday 4.May Stefan Pflocksch Memorial

Sunday 11.May Mothersday Lunch by Alpine Deli

Saturday 31.May Fondue #1

TBC Fondue # 2

Saturday, 2nd August Swiss National Day Celebration

Saturday, 25th October Opening of Camping season

Saturday, 6th December Samichlaus

All events will be announced via newsflash closer to the date with full details
If you wish to be notified on events via our WhatsApp Event group contact Tracey or Patricia to be added

AGM, offering a helping hand and/or joining our events is regarded as the minimum you can do to the club.

As for the coming months, please have a look at our calendar online and follow our newsflashes. Some great events leading up to our 1 August celebrations... including a renewed Mother's Day lunch!

Look forward to see you all soon and as always - THANK YOU for your continuous support of our Club and your interest in the Swiss Social Community in Cape Town.

Bis bald,
Christian



01 JULY 1950 | 14 MARCH 2025

FOREVER *in our* *Hearty*

It is with great sadness that we announce the passing of Stefan Pflocksch - friend, member and previous President of our Swiss Club

The memorial celebration of Stefan's life will take place at the Swiss Club forest camping grounds in Jonkershoek, Stellenbosch on Sunday, 4th May 2025, where there are beautiful braai facilities and picnic spots in front of the Eerste River. For those who want to swim or just to wet your feet, please pack in your braai goodies, drinks and picnic baskets and come and CELEBRATE with us. There will be packs of bratwurst and cervelat available to buy as well as a cash bar.

Please come in the early morning to enjoy the day to the fullest. We will have blessing music and speeches open to all from 2pm. Everyone is welcome to join us.

With love from Molra and Stefan's family

AGM 2025



EASTER IMPRESSIONS 2025



CAPE ARGUS 2025

The event started on Friday with the pasta evening- which was very well attended by 23 people. We had freshly made tagliatelle with bolognese or alfredo sauce. The food was prepared by Alpine Deli and was enjoyed by all. Like every year we had our race time predictions which led to many discussions but eventually all handed in their time forecast. Everybody was in great anticipation for the race on Sunday. The weather forecast was ideal. Cool temperatures and very little wind. The professionals set a new case record in 2 hours 25 minutes. The results for the Swiss Cycling Club members are as follows:

- 1 Philipp Gilmore 3.07
- 2 Hans Herren 3.13
- 3 Ruedi Vögeli 3.16
- 4 Alvin Hirner 3.17
- 5 Annarosa Le Roux 3.23
- 6 Didi Guggelmann 3.43
- 7 Michael Hauser 3.51
- 8 Franz Roth (CH) 4.17
- 9 Solly Moeng 4.29
- 10 Klaus Weihe 4.35

Various prizes and trophies were handed to the specific winners. We had a great party with tartar brötli, bratwurst and cervelat from Gastro Foods all washed down with a few beers or a glass of wine.





Event	Time	Place	Points	Notes
1st Stage	3:25	5.11	10	
2nd Stage	4:15	5.01	10	
3rd Stage	4:30	4.97	10	
4th Stage	5:05	5.12	10	
5th Stage	5:25	5.18	10	
6th Stage	5:40	5.25	10	
7th Stage	5:55	5.32	10	
8th Stage	6:10	5.39	10	
9th Stage	6:25	5.46	10	
10th Stage	6:40	5.53	10	
11th Stage	6:55	6.00	10	
12th Stage	7:10	6.07	10	
13th Stage	7:25	6.14	10	
14th Stage	7:40	6.21	10	
15th Stage	7:55	6.28	10	
16th Stage	8:10	6.35	10	
17th Stage	8:25	6.42	10	
18th Stage	8:40	6.49	10	
19th Stage	8:55	6.56	10	
20th Stage	9:10	7.03	10	
21st Stage	9:25	7.10	10	
22nd Stage	9:40	7.17	10	
23rd Stage	9:55	7.24	10	
24th Stage	10:10	7.31	10	
25th Stage	10:25	7.38	10	
26th Stage	10:40	7.45	10	
27th Stage	10:55	7.52	10	
28th Stage	11:10	7.59	10	
29th Stage	11:25	8.06	10	
30th Stage	11:40	8.13	10	
31st Stage	11:55	8.20	10	
32nd Stage	12:10	8.27	10	
33rd Stage	12:25	8.34	10	
34th Stage	12:40	8.41	10	
35th Stage	12:55	8.48	10	
36th Stage	1:10	8.55	10	
37th Stage	1:25	9.02	10	
38th Stage	1:40	9.09	10	
39th Stage	1:55	9.16	10	
40th Stage	2:10	9.23	10	
41st Stage	2:25	9.30	10	
42nd Stage	2:40	9.37	10	
43rd Stage	2:55	9.44	10	
44th Stage	3:10	9.51	10	
45th Stage	3:25	9.58	10	
46th Stage	3:40	10.05	10	
47th Stage	3:55	10.12	10	
48th Stage	4:10	10.19	10	
49th Stage	4:25	10.26	10	
50th Stage	4:40	10.33	10	
51st Stage	4:55	10.40	10	
52nd Stage	5:10	10.47	10	
53rd Stage	5:25	10.54	10	
54th Stage	5:40	11.01	10	
55th Stage	5:55	11.08	10	
56th Stage	6:10	11.15	10	
57th Stage	6:25	11.22	10	
58th Stage	6:40	11.29	10	
59th Stage	6:55	11.36	10	
60th Stage	7:10	11.43	10	
61st Stage	7:25	11.50	10	
62nd Stage	7:40	11.57	10	
63rd Stage	7:55	12.04	10	
64th Stage	8:10	12.11	10	
65th Stage	8:25	12.18	10	
66th Stage	8:40	12.25	10	
67th Stage	8:55	12.32	10	
68th Stage	9:10	12.39	10	
69th Stage	9:25	12.46	10	
70th Stage	9:40	12.53	10	
71st Stage	9:55	13.00	10	
72nd Stage	10:10	13.07	10	
73rd Stage	10:25	13.14	10	
74th Stage	10:40	13.21	10	
75th Stage	10:55	13.28	10	
76th Stage	11:10	13.35	10	
77th Stage	11:25	13.42	10	
78th Stage	11:40	13.49	10	
79th Stage	11:55	13.56	10	
80th Stage	12:10	14.03	10	
81st Stage	12:25	14.10	10	
82nd Stage	12:40	14.17	10	
83rd Stage	12:55	14.24	10	
84th Stage	1:10	14.31	10	
85th Stage	1:25	14.38	10	
86th Stage	1:40	14.45	10	
87th Stage	1:55	14.52	10	
88th Stage	2:10	14.59	10	
89th Stage	2:25	15.06	10	
90th Stage	2:40	15.13	10	
91st Stage	2:55	15.20	10	
92nd Stage	3:10	15.27	10	
93rd Stage	3:25	15.34	10	
94th Stage	3:40	15.41	10	
95th Stage	3:55	15.48	10	
96th Stage	4:10	15.55	10	
97th Stage	4:25	16.02	10	
98th Stage	4:40	16.09	10	
99th Stage	4:55	16.16	10	
100th Stage	5:10	16.23	10	



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TOWNSHIP HELP NPO

SA Reference Number: 313-728 NPO
 Im Jahr 2018 zogen wir, Jörg und Pia Caluori nach Südafrika, um unseren Ruhestand zu geniessen. Als jedoch die sog. Pandemie ausbrach, reagierten wir auf die dringenden Hilferufe der Township-Bewohner in Lwandle. Wir gründeten «Township Help», eine gemeinnützige Organisation, die sich der Bereitstellung lebenswichtiger Hilfe und nachhaltiger Entwicklungsprogramme widmet. Die Arbeit umfasst Folgendes: TH = Townshiphelp

1. Humanitäre Hilfe und Armutsbekämpfung

- Während der Pandemie mobilisierte TH Gelder von internationalen Unterstützern und versorgten mehr als 5.000 Menschen mit Nahrungsmitteln, um die Grundversorgung der Familien zu gewährleisten.
- TH richtete mit Freunden vor Ort ein tägliches Essensprogramm ein und versorgten über 1.600 Kinder während der Schulschliessungen.

2. Familien- und Gemeindeparterschaften

- TH hat Partnerschaften zwischen Familien aus Übersee und Familien aus den Townships vermittelt und so langfristige Unterstützungsnetzwerke geschaffen.

3. Unterstützung von Infrastruktur und Wohnraum

- TH hat eine Schlüsselrolle beim Wiederaufbau und bei der Renovierung wichtiger Gemeindestrukturen gespielt, darunter: Renovierung einer Kinderkrippe mit undichtem Dach in Lwandle.

Vollständige Renovierung eines Waisenhauses in Lwandle, einschliesslich des Einbaus einer neuen Küche und eines neuen Badezimmers.

Wiederaufbau abgebrannter Häuser.

- Bereitstellung von Materialien für den Wiederaufbau von Häusern, die durch die Winterstürme in Kapstadt zerstört wurden, was zum Wiederaufbau von sieben Häusern und zur Reparatur mehrerer anderer führte.

4. Bildung und Kinderfürsorge

- TH hat internationale Partnerschaften für Kinder

in zwei Kinderheimen übernommen und damit die finanzielle Unterstützung während ihrer gesamten Schulzeit sichergestellt.

- Das Engagement führte zur Gründung von Ikhaya Lekamva, einem Kinderheim in Langa, in dem derzeit 22 bedürftige Kinder im Alter von 9 Monaten bis 16 Jahren untergebracht sind.

5. Unterstützung für Behinderte und Barrierefreiheit

- TH hat behinderten Einwohnern Rollstühle und andere wichtige Hilfsmittel zur Verfügung gestellt und so die Mobilität und Lebensqualität verbessert.

6. Verteilung von Kleidung und lebensnotwendigen Gütern

- TH sammelt kontinuierlich Kleidung um an bedürftige Familien zu verteilen, wobei sich die Spenden auf mehrere Tonnen belaufen.

Hier ein Text von Lwazi Pakade, Councillor von Langa:

Nachhaltige soziale Wirkung Da die Eheleute Caluori die Bedeutung einer langfristigen Wirkung erkannt haben, haben sie dafür gesorgt, dass Township Help in der Schweiz und in Südafrika offiziell als NPO registriert ist und ab Oktober 2024 den Status einer gemeinnützigen Organisation hat (SA Registrierungsnummer: 313-728). Ihre Transparenz und ihr Engagement haben zu einer breiten Unterstützung geführt, so dass ihre Arbeit florieren und unzähligen Menschen zugutekommen kann.

Auswirkungen auf die Gemeinschaft Die Beiträge von Township Help haben die Lebensbedingungen in verschiedenen Townships, insbesondere in Langa und Strand, erheblich verbessert und vielen Menschen ihre Würde und Hoffnung zurückgegeben. Die humanitären Bemühungen von Township Help haben sowohl in der lokalen als auch in der internationalen Gemeinschaft Respekt und Bewunderung geerntet. Indem sie Nachhaltigkeit und Empowerment in den Vordergrund stellen, haben sie ein Modell für eine effektive Entwicklung an der Basis geschaffen.

Weitere Einblicke in ihre laufenden Initiativen finden Sie unter:

Blog: <https://camas.ch/township-food-help/blog/>

Facebook: <https://www.facebook.com/groups/347454431061334>

Ein Besuch von Interessierten aus dem SWISS Club in «unserem» Kinderheim würde uns sehr freuen! (Tel: 063 224 42 63)

PS: trotz viel Arbeit geniessen wir natürlich auch Südafrika mit allem, was uns Freude macht,

trotzdem wie sagte Madiba mal: „Was im Leben zählt, ist nicht, dass wir gelebt haben. Sondern, wie wir das Leben von anderen verändert haben.“ -Nelson Mandela



«unsere» Kinder des Kinderheims IKHAYA LEKAMVA, es fehlen die zwei Babys, 10 Mt. und 1jährig

Thank you Maggie, Claire, Mandy and Adri-ann for your help and support in making the Easterbunny visit such a successful day :)



SWISS RIFLE CLUB CAPE TOWN SHOOTING CALENDAR

2025	DAY	V E N U E	A = Good Hope Military Range Atlantis K = Klaver Valley Simon's Town – Navy Range (off Red Hill rd.) W = Western Cape Shooting Union Atlantis M = Metropolitan Golf Club Green Point	TIME ARRIVE EARLY TO HELP!
04 May	Sun	W	PIGGY SHOOT .22 rim-fire Rifles @ WCSU - Family Fun!	10:00
10 May	Sat	M	Combined Annual General Meeting and 'Absenden' Prize-giving	14:00
31 May	Sat	K	Swiss // SA Navy Challenge. Host: SWISS	09:00
21 Jun	Sat	K	Annual Program 4	10:00
19 July	Sat	A	Annual Program 5 @ Good Hope Military Range Atlantis	07:45

25 January was a lovely day at the Simon's Town Klaver Valley range when we held the President Mettler Memorial Knock-out competition, which we could not fit into the 2024 program. It was hotly contested, with Mick Kleb being the worthy winner by beating Dierk Lüthi in the final. The 15 February Atlantis shoot was cancelled because key members were absent, and we had less than 10 confirmations. The same happened for Sunday 30 March. (If there are less than a dozen confirmations, it is not worth holding a shoot because the effort is too great with limited resources.) The 15th of March was another lovely day at Klaver, and we were able to begin our annual program. By the time this newsletter is published, we will have had our annual Feldschiessen and Bundesprogramm shoots, although both of these can still be completed by late-comers until August. The 75th Anniversary Swiss Rifle Club 'Schützenkönig' Walter Baumgartner and his wife Rita from Embrach won a trip to Cape Town sponsored by *Mindpearl*. A dinner with members of the SRC was hosted by our Consul Richard Jud at Foresters' Arms. It was an enjoyable and relaxing evening. We still do not have certainty about our future ammunition supply, as the authorities have stopped ammunition export because of an incident of casing-rupture, the cause of which has not yet been established. We no longer receive credit for the FS and BP shoots, although a discount of CHF0.30 per round may be given. However, in future we will have to pay market prices as well as transport, which will make shooting a very expensive sport! In the meantime, we carry on enjoying it! Pencil-in the **Piggy Shoot at Atlantis on Sunday May 4**, and the AGM/Absenden at the Metropolitan Golf Club the following Saturday!

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CONSUL RICHARD JUD and WALTER BAUMGARTNER WITH SWISS RIFLE CLUB MEMBERS



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JONKERSHOEK S 33°57'33.96" E18°54'54.28"

Dear Members,

This was one of the busier camping seasons that we have experienced in a while.

Its great to see Jonkershoek becoming a popular place to either just visit for a braaiday or bringing friends and family together to camp :)

The kitchen is now fully operating - the last thing we just completed is the hot running water - it looks amazing.

On Mothersday we will host our first event where the kitchen will serve its purpose and Alpine Deli will spoil you with their culinary treat.

Then we head towards the colder season and will serve some cheese fondue...

Look out for the newsflashes to reserve your spot Below the installation of the new gate that allows you to enter into our campsite straight.

Thank you Arber & Mike for your helping hands :)

Roger & Patricia



Tasting by appointment with the possibility of booking a seasonal menu on request.

Discount granted to all Swiss Club members on wine orders online (COUPON CODE: SWISS2024) or directly at the farm during your visit.



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Golf Buddies: Südafrika und das «Rundum-Sorglos-Paket»

Ruth Queisser und Walter Eggenberger sind mehr als nur «Golf Buddies». Unter diesem Firmennamen organisiert das Schweizer Paar à-la-carte Golfreisen nach Südafrika.

Es klingt paradiesisch: Seit nun schon 10 Jahren verbringen die Beiden das Winterhalbjahr in ihrem Haus nahe der Hafenstadt Mossel Bay, dem Ausgangspunkt zu Südafrikas berühmter «Garden Route». Vor ihrer Haustür liegen die 18 Löcher des spektakulären Pinnacle Point Golfplatzes, dem «Pebble Beach des Indischen Ozeans». Allzu viel Zeit zum Golfen bleibt den Beiden allerdings nicht, denn ihr Angebot will nur eines produzieren: zufriedene Kunden.

Die Dienstleistungen, die «Golf Buddies» für Individualreisende erbringt, sind vielfältig. «Ausser den Flügen organisieren wir alles», sagt Ruth Queisser. «Das beginnt bei den Tee-Times, geht über den Mietwagen hin zur Unterkunft und weiter bis zur Safari». Und Eggenberger ergänzt: «Wir bieten ein Rundum-sorglos-Paket an und das Beste ist, dass die Dienstleistungen kostenlos sind. Unser Verdienst sind die Kommissionen unserer Dienstleistungsträger. Konkret heisst das, dass wir die Reisen zu denselben Konditionen anbieten, wie dies der Kunde auf den Webseiten der einzelnen Dienstleister in Erfahrung bringen kann.»

Im Lauf ihrer Südafrika-Jahre – die Beiden bereisen das Land am schönsten Ende der Welt bereits seit mehr als 25 Jahren – haben sich Ruth Queisser und Walter Eggenberger ein engmaschiges



Beziehungsnetz aufgebaut, von dem ihre Kunden nun profitieren. Dazu kommen die persönlichen Erfahrungen, die sie nun ebenfalls gerne weitergeben. Südafrika ist mehr als nur eine Reise wert. *PR*

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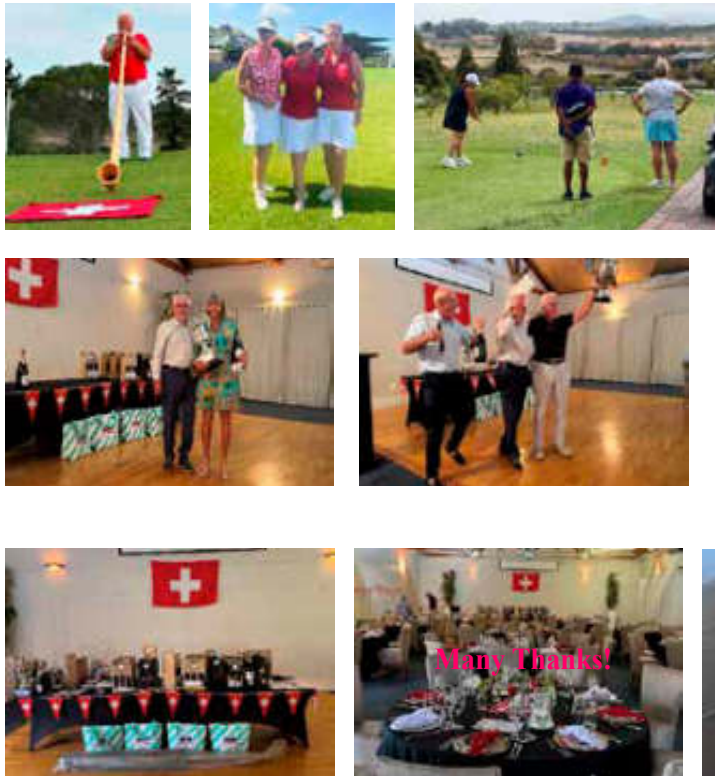
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56. Swiss Open 2025 Devonvale Golf & Wine Estate



This year, more than 80 golfers tackled the 18 holes. Emil Hersche, with his alhorn, gave them the marching orders, albeit only after the round!

The cup winners of the 56th Swiss Open 2025 in Devonvale:
Rosa Hatz und Fred Ruest.

Participants ranked 51 and above plus all winners of the special awards received a prize! All donated by our generous and loyal sponsors! The "official" part took place in the beautifully decorated hall

See you all next year!
57. Swiss Open Golfdag
Friday, 13. March 2026
Stellenbosch Golf Club



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